

101 **Athletic coach.** K-12.

One semester hour college or university course in the structure and function of the human body in relation to physical activity.

Course #	Course Title	Institution	Semester Hr.	Year Completed

One semester hour college or university course in human growth and development of children and youth as related to physical activity.

Course #	Course Title	Institution	Semester Hr.	Year Completed

Two semester hour college or university course in athletic conditioning, care and prevention of injuries and first aid as related to physical activity.

Course #	Course Title	Institution	Semester Hr.	Year Completed

One semester hour college or university course in the theory of coaching interscholastic athletics.

Course #	Course Title	Institution	Semester Hr.	Year Completed

In addition, applicants must verify:

- 1) Completion of the concussion training approved by the Iowa High School Athletic Association or Iowa Girls High School Athletic Union.**
- 2) CPR card. Official cards only. Online only or instructor letters are not accepted.**

Note: An applicant for the coaching endorsement must hold a teacher's license with one of the teaching endorsements.